

# RACE NOTICE



## 2024 NB CUP #3 11:00AM start

The Miramichi Cross Country Ski Club is pleased to host the NB Cup #3 at Miramichi New Brunswick on February 11th, 2024.

Categories and course maps are listed below. Distances and courses are subject to change without notice depending on conditions. Note that this is a skating race – No tracks!

### SANCTION

This event is sanctioned by Nordiq Canada (NC). Your races and results will be included in the Canada Points List (CPL). Points will also be counted towards the 2024 NB Cup Series.

For NC to accept your race results file into the CPL system, the results file must include the valid NC Race License or Associate Race License number for each competitor entered in the U14 and above category, or a valid FIS license number for foreign competitors.

ALL competitors who do not have a Nordiq Canada licence must sign an Informed Consent and Assumption of Risk Agreement and purchase a Supporting Member Day Licence (SMDL) for each day of competition. For race registration through Zone4, competitors who do not have a race licence will automatically be invited to purchase a SMDL and sign the waiver as part of the event registration. SMDLs are \$6 for anyone over the age of 14 and free for anyone under the age of 14.

### ORGANIZING COMMITTEE & JURY

- Chief of Competition – Norm Brown
- Technical Delegate – Marc Leclair
- Assistant Technical Delegate – Kristie Heard
- Chief of Course – Rodney MacEachern
- Chief of Stadium – Yves St. Germain; James Tremblay (assistant)
- Chief of Timing – Brian Richard; Assistants : John Oliver and Charlie Fives
- Competition Secretary – Emily Comeau

### ADDITIONAL INFORMATION BEFORE & AFTER COMPETITION

- Norm Brown – [brown@nbnet.nb.ca](mailto:brown@nbnet.nb.ca) 506-622-7661(H) 506-210-0592(C)

## EVENTS

Sunday February 11, 2024 - NB Cup #3 – Skate, Mass start **11:00 AM**

## REGISTRATION

- Participants must register in advance at [Zone4.ca](https://zone4.ca).
- Deadline for registration is **Friday, February 9<sup>th</sup> 2024 at 12:00 noon**. Atlantic Standard Time (AST).
- **No registration is available on the morning of the race.**

## FEES (NON-REFUNDABLE) (MEAL INCLUDED)

- \$20 for U6 to U12
- \$35 for U14 to U23
- \$40 for Senior men/women and up
- \$10 for meal for non-competitors

## EQUIPMENT CHECK

Skiers will be subject to random equipment checks to ensure compliance with FIS rules.

## LOW FLUORO / NO FLUORO WAXING GUIDELINES

The Nordiq Canada Fluoro policy will apply for this event. This means that the following apply for this competition:

- High Fluoro (HF), Medium Fluoro (MF) or Low Fluoro (LF) glide waxes, including HF, MF or LF powders, pucks, blocks and liquids are NOT permitted.
- Cold weather powder additives and hardeners are NOT permitted.
- Grip powders are NOT permitted.

The adherence to this protocol is self governed and is the responsibility of the coaches, parents and wax technicians. Keep in mind, non-compliance with this protocol is cheating and contravenes the coaching code of conduct. Coaches and skiers will be held accountable, with appropriate disciplinary action through the CCNB High Performance Committee, should non-compliance be observed in wax rooms and out on the course.

**This protocol is in effect at all NB Cup events**

## RACE COURSE

Participants will be able to view the race course at the competition site beginning at 9 AM on February 11th, 2024. Categories, course maps and other information are available below.

## **BIB DRAW**

For February 11th, 2024 Skate race, there will be a draw for the starting order and position for each category using Zone 4.

## **COACHES AND MASTERS MEETING**

Friday February 9th, 2024, 8:00 pm (AST) on Zoom

Link:

<https://us06web.zoom.us/j/86123981295?pwd=7FZWcys0QCQyMK1t8RDi2EsbyC9eaS.1>

Meeting (ID): 861 2398 1295

Passcode: 063961

## **START TIMES**

- Sunday February 11th, 2024, **11:00 AM**

## **BIB AND CHIP AVAILABILITY**

- At the main ski club Lodge
- Sunday February 11th, 2024, between 9am – 11:00am
- For bib collection after those times, you must pick up your bib at the stadium area.
- Timing chips will be available for pick up in the stadium prior to the start of the race.
- Participants must pay a \$60 fee for bibs that are not returned and \$60 for timing chips that are not returned.

## **AWARDS**

- For each category and gender a medal will be given to 1st, 2nd and 3rd place
- For each gender, in the U6 to U14 categories, ribbons will be given to 4th, 5th and 6th place.
- Medals and ribbons will be awarded outside the main ski Lodge as soon as the race for the U12 is complete and later at the end of the race for older categories.

## **CANCELLATION**

If a cancellation is necessary or any change in the event everything will be on the website <http://www.skimiramichi.com/> and ski de fond N.B. <http://www.xcski-nb.ca/>. Information will also be shared by email.

## **WAXING ROOM**

The old clubhouse will be available for waxing where there will be electricity.

### **FIRST AID**

Will be available on site

### **PARKING**

Parking will be available at the ski club parking lot.

### **EVENTS**

Skate / Patin				
Category/Catégories	Gender / Genre	Age/Age as of Dec 31,2024		Distance (KM)
U-6/M-6	Girls / Fille	6 and younger	.8	(1x Yellow)
	Boy / Gars	6 and younger	.8	(1x Yellow)
U-8/M-8	Girls / Fille	7, 8	.8	(1x Yellow)
	Boy / Gars	7, 8	.8	(1x Yellow)
U-10/M-10	Girls / Fille	9, 10	1.6	(2x Yellow)
	Boy / Gars	9, 10	1.6	(2x Yellow)
U-12/M-12	Girls / Fille	11, 12	2.5	(1x Red)
	Boy / Gars	11, 12	2.5	(1x Red)
U-14/M-14	Girls / Fille	13, 14	7.5	(1x Blue + 1x Red)
	Boy / Gars	13, 14	7.5	(1x Blue + 1x Red)
U-16/M-16	Girls / Fille	15, 16	7.5	(1x Blue + 1x Red)
	Boy / Gars	15, 16	10	(2x Blue)
U-18/M-18	Girls / Fille	17, 18	7.5	(1x Blue + 1x Red)
	Boy / Gars	17, 18	10	(2x Blue)
U-20/M-20	Women / Femme	19, 20	7.5	(1x Blue + 1x Red)
	Men / Homme	19, 20	10	(2x Blue)

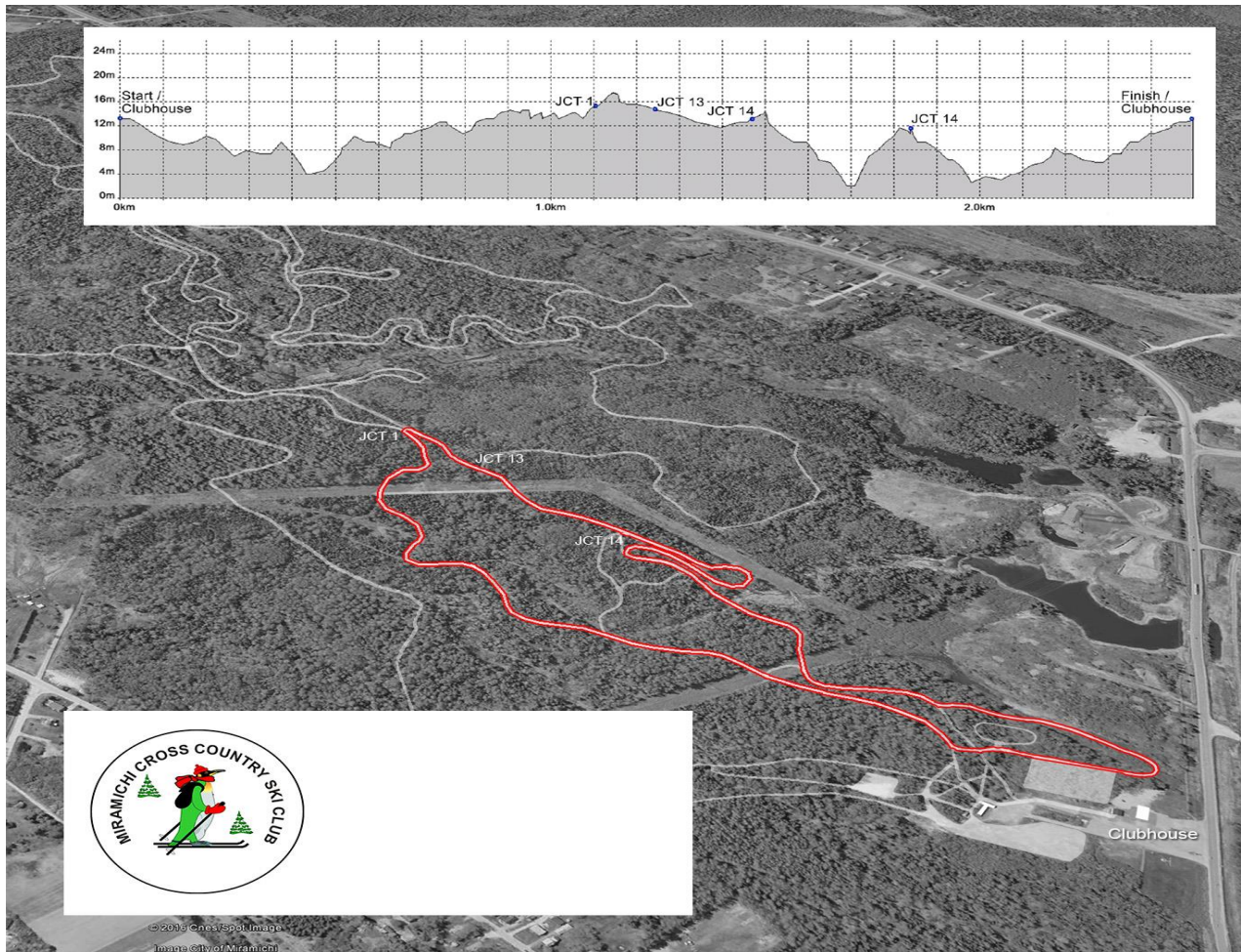
Skate / Patin				
Category/Catégories	Gender / Genre	Age/Age as of Dec 31,2024		Distance (KM)
Senior U-23/M-23	Women / Femme	21, 22, 23		10 (2x Blue)
	Men / Homme	21, 22, 23		15 (3x Blue)
Senior Open / senior ouvert	Women / Femme	23+		10 (2x Blue)
	Men / Homme	23+		15 (3x Blue)
Maîtres / Masters 31 +	Women / Femme	31 +		10 (2x Blue)
	Men / Homme	31 +		15 (3x Blue)
Participant	Women / Femme	Open /ouvert		5 (1x Blue)
	Men / Homme	Open /ouvert		5 (1x Blue)
Para-nordic /Para- nordique Stand / Debout	Women / Femme	Open /ouvert		5 (1x Blue)
	Men /Homme	Open /ouvert		5 (1x Blue)
Para-nordic /Para- nordique Sit / assis	Women / Femme	Open /ouvert		1.6 (2x Yellow)
	Men / Homme	Open /ouvert		1.6 (2x Yellow)

**TRAIL - .8K YELLOW**

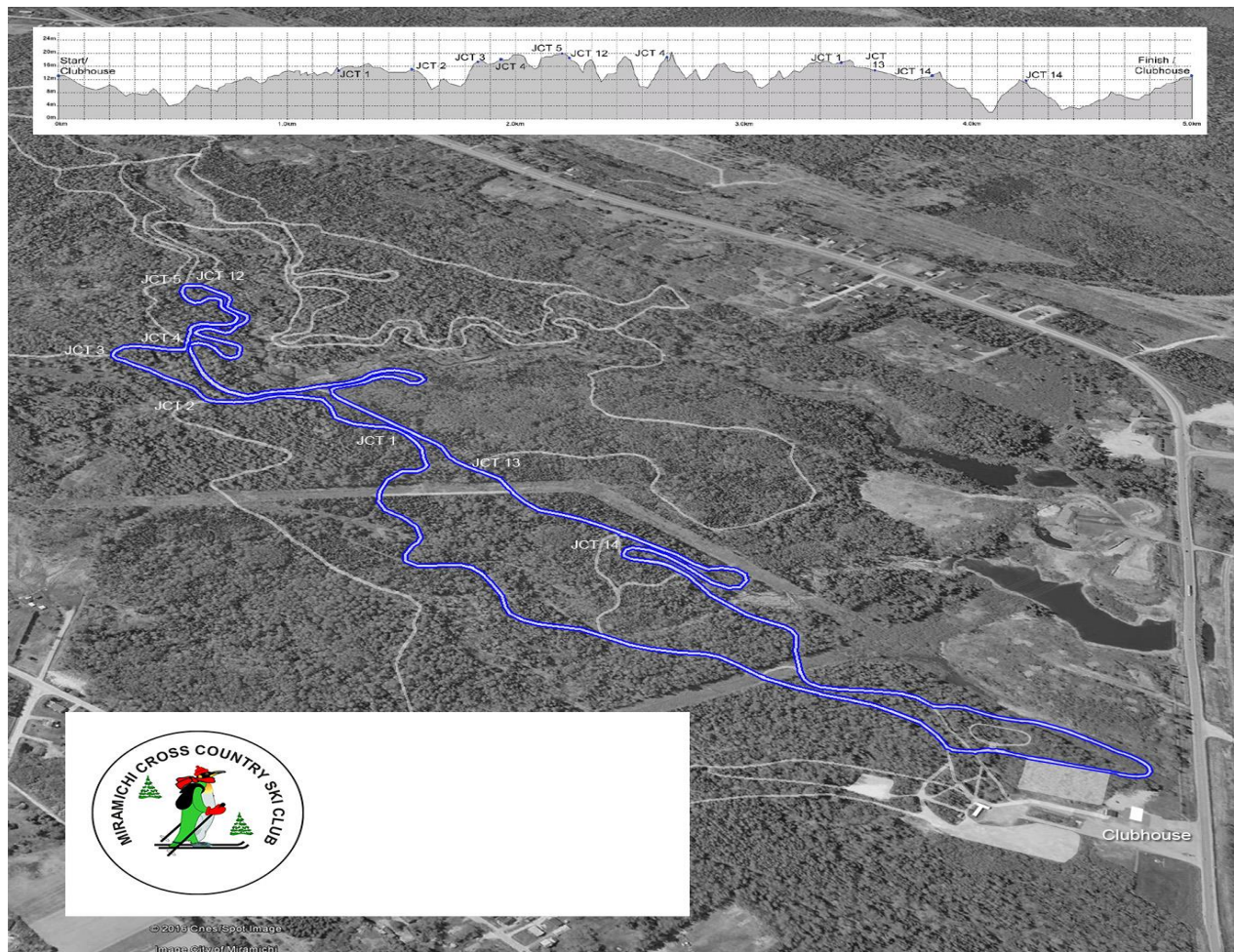




## TRAIL – 2.5K RED TRAIL



## TRAIL - 5K BLUE



### WHERE TO STAY:

- Travel Lodge – 1 Jane Street Miramichi 506-622-0302
- Days Inn – 457 King George Hwy Miramichi 506-622-1215
- Rodd Miramichi – 1809 Water Street Miramichi 506-773-3111
- Fundy Line Motel – 869 King George Hwy 506-622-3650

### TOURIST INFORMATION

- Visit [MIRAMICHI TOURISM](#)