



**LES AVENTURIERS
&
CCNB
Presents the**

**NB Championship
NB Cup # 4 et #5
Cross-Country ski**

**March 11 & 12, 2022
Charlo, NB**

Race Notice



**Cross Country
New Brunswick**

**Ski de fond
Nouveau-Brunswick**

Host & Location	Les Aventuriers ski club 81, Chemin des Aventuriers Charlo, NB (See the Maps)
Sanction	Points will be counted towards the 2022 NB Cup Series and Canadian Points List (CPL). The NB Cup Races are sanctioned by CCC and require racing licenses. However, day licenses will be available online on Zone4 during registration for those who do not have racing licences.
Organizing Committee	Chief of Competition: Marc Leclair Technical Delegate: Edouard Daigle Assistant Technical Delegate: Raymond Léger Chief of course: Alain Caron Chief of stadium: Isaac Breau Chief of Timing: Rhéal Laviolette Secretary of competition: Jean Corbin & Danielle Savoie Zone 4: Carole Daigle Chief Covid Protocol: Kevin Savoy Announcer: Gina Heppell & Hélène Levesque
Jury	Edouard Daigle-Délégué Technique Raymond Léger-Assistant Délégué Technique Marc Leclair-Chef de compétition

Information before and after the competition

Marc Leclair marline@nb.sympatico.ca (506) 826-1939
At the Chalet lesaventuriersdecharlo@gmail.com (506)826-9243

CCNB Internet site : www.xcski-nb.ca

Covid Protocol

We are following New Brunswick Public measures. Our event building will be open to the public. Important to wear the mask and respect physical distancing. The mask is not mandatory when you are racing.

Category (B) Boys (G) Girls (M) Men (W) Women		Friday March 11 Distance in km Individual start Classic	Saturday March 12 Distance in km Mass start Skate	Markers Colors
U6 B 2016 & younger G 2016 & younger	B G	1.0 km 1.0 km	1.0 km 1.0 km	Brown (Square)
M8 B 2014-2015 G 2014-2015	B G	1.5 km 1.5 km	1.5 km 1.5 km	Green (triangle)
M10 B 2012-2013 G2012-2013	B G	2.5 km 2.5 km	2.5 km 2.5 km	Red (Diamond)
M12 B 2010-2011 G 2010-2011	B G	3.75 km 3.75 km	3.75 km 3.75 km	Yellow (rectangle)
M14 B 2008-2009 G 2008-2009	B G	7.5 km 7.5 km	7.5 km 7.5 km	Yellow (rectangle) (2X)
M16 B 2006-2007 G 2006-2007	B G	10.0 km 10.0 km	10.0 km 10.0 km	Blue (Square) 2X
M18 B 2004-2005 G 2004-2005	B G	15.0 km 10.0 km	15.0 km 10.0 km	Blue (Square) 3X Blue (Square) 2X
M20 B 2002-2003 G 2002-2003	B G	15.0 km 10.0 km	15.0 km 10.0 km	Blue (Square) 3X Blue (Square) 2X
M23 Men 1999-2001 Women 1999-2001	M W	15.0 km 10.0 km	15.0 km 10.0 km	Blue (Square) 3X Blue (Square) 2X
Senior Ouvert Men 2000 & before Women 2000 & before	M W	15.0 km 10.0 km	15.0 km 10.0 km	Blue (Square) 3X Blue (Square) 2X
Master (1991-1977) (31-45) Men Women	M W	15.0 km 10.0 km	15.0 km 10.0 km	Blue (Square) 3X Blue (Square) 2X
Master (1976-1963) (46-59) Men Women	M W	15.0 km 10.0 km	15.0 km 10.0 km	Blue (Square) 3X Blue (Square) 2X
Master (1962 & earlier) (60+) Men Women	M W	15.0 km 10.0 km	15.0 km 10.0 km	Blue (Square) 3X Blue (Square) 2X
Participation Men Women	M W	5.0 km 5.0 km	5.0 km 5.0 km	Red (Diamond) 2X
Para-Nordic Sit Standing Standing (U6 to U23)	M/W M/W B/G	3.0 km 5.0 km 5.0 km	3.0 km 5.0 km 5.0 km	Brown (Square) 3X Red (Diamond) 2X Red (Diamond) 2X

Trails for races at Les Aventuriers

1.0 km **Brown (Square) Dam**

1.5 km **Green (triangle)**

2.5 km **Red (Diamond) Monkey Face**

3.75 km **Yellow (rectangle)**

5.0 km **Blue (Square) Bowater**

Eligibility

Participants must be a member of a registered club with Cross Country Canada. Competitors from outside Canada must be member of a club of their country of residence or origin. Skiers must agree to the online registration waiver prepared by Cross Country Canada. For those under 18 years of age the waiver must be completed by a parent or guardian.

TECHNICAL BACKGROUND

The event is guided by the following:

- <https://nordiqcanada.ca/wp-content/uploads/final-ICR-CCR-NOV-2021-with-precisions-En.pdf>
- <https://nordiqcanada.ca/wp-content/uploads/Competition-Officials-Manual-EN-v4.016.pdf>
- <https://nordiqcanada.ca/wp-content/uploads/Fluoro-Free-Rule-for-all-Nordiq-Canada-Sanctioned-Races-Jan-2022-Update.pdf>

And, where appropriate, by:

The NBCC ski Cup technical document.

<http://www.xcski-nb.ca/resources/Evenement/2021-2022/CCNB%20NB%20Racing%20Technical%20Document%20-2021-2022%20rev%202.pdf>

Fluoro Wax Policy

The Nordiq Canada Fluoro policy will apply for this event. This means that the following apply for this competition:

- High Fluoro (HF), Medium Fluoro (MF), Lo Fluoro (LF) glide waxes, including HF, MF or LF powders, pucks, blocks and liquids are NOT permitted.
- Cold weather powder additives and hardeners are NOT permitted.
- Grip powders are NOT permitted
- Does not pertain to grip wax

The adherence to this protocol is self-governed and is the responsibility of the coaches, parents and wax technicians. Keep in mind, non-compliance with this protocol is cheating and contravenes the coaching code of conduct. Coaches and skiers will be held accountable, with appropriate disciplinary action though the NB High performance Committee, should non-compliance be observed in wax rooms and out on the course.

See the Complete Nordiq Canada Fluor protocol in the link above.

Registration

Only registrations done thru Zone 4 will be accepted. Here is the link for registration:

<https://zone4.ca/register.asp?id=28613> .

Deadline for registration is **Thursday March 10, 2022, at 6h00 pm. No registration on the morning of races.**

Please note race fees and license fees are as followed and must be paid during the online registration on Zone 4 and are non-refundable.

Frais

30.00 \$ CAD for Open, Masters et Para-Nordic adult categories (Tax included)

25.00 \$ CAD for U12 to U23 & Para-Nordic for that age) (Tax included)

10.00 \$ CAD for U10 & under (Tax included)

*** Age is calculated as of December 31, 2022**

As it is a Nordiq Canada sanctioned race there is a fee of **\$ 5.00 per race** for a **day license** fee. Nordiq Canada license holder will not need to pay the daily license fee. There are **no** daily license fees for categories U14 and below.

Race Course

Participant will be able to view the race course at the competition site the day of the race and the race course are in attachment to the race notice.

Timing

Zone 4

Results and Start list will be posted on the following web site www.zone4.ca.

Start list will be post after being approved at the Coaches meeting. Official result will be posted after races and meeting of Jury.

Start

Start order will be based on CPL point before the races for each categories with the help of Zone 4 for the start. Some categories will be grouped for departures however the results will be given by category.

Start times

Friday March 11 the first start will be at 1:00 pm.

Saturday March 12 the first start will be at 10:00 am.

Coaches meeting on Zoom

Thursday night March 10 at 8:00 pm. Here is the Zoom link to joins the meeting :

<https://us06web.zoom.us/j/89972625552?pwd=anpta2dPS0ZIWDZMYWIDTjNRQW9TUT09>

Friday night March 11 at 8:00 pm. Here is the Zoom link to joins the meeting :

<https://us06web.zoom.us/j/87119381167?pwd=UUIKSEpTk1qdTAzMWRzQlF4emUyQT09>

Bib pick up

Friday March 11

The bib will be distributed to club at the Event building in the Secretary office between 11:30 am et 12:30 pm.

Saturday March 12

The bib will be distributed to club at the Event building in the Secretary office between 8:30 am & 9:30 am.

For question on the competition the secretary office will be open at the following time:

Friday March 11: 11:00 am-16:00 pm

Saturday March 12: 8:30 am-13:30 pm

Participants must pay a 60\$ CAD fee for bibs and/or Chips timing that are not returned at the end of the race.

Awards

Medal will be given to the Top 3 of every category for both genders. Also, ribbons will be given for 4th position, 5th position & 6th position for U6 to U14 categories boys and girl.

Awards will be presented after competitions are completed on Friday & Saturday.

Also, with this last NB Cup race CCNB will give the awards to the winner in each category for the NB Cup series. Also, the NB Cup will be award to the club who will have the most point for the NB Cup series.

Prizes for the NB Cup will be announced between 4:00 p.m. and 5:00 p.m. at Les Aventuriers. More details at the coaches' meetings.

Unfortunately with the pandemic situation Les Aventuriers decided not to hold a banquet this year.

Saturday March 12 – Team Relay of 4 for lots.....fun!

The Team relay will take place between 2 p.m. and 4 p.m. The teams will be formed by the coaches to have teams of mixt ages. We ask all interested participants to give their name to the secretariat before 12:30 p.m. on Saturday March 12. Rhéal Laviolette and James Beattie will be responsible for this free and fun activity!!

This activity will give the CCNB volunteer time to compile statistics to determine the NB Cup award recipients.

Cancellation

Any Change in the event location or timing will be posted as early as it is known at Les Aventuriers Cross country ski club Chalet, Les Aventuriers web site <http://charloaventuriers.ca/> & <http://www.xcski-nb.ca/> and circulated by e-mail. Also will circulate on Les Aventuriers Facebook.

Waxing Room

Waxing area will be available in a building near the Chalet

First Aid

First Aid will be available on site.

Parking

The parking is near the Aventuriers Chalet.

Tourist and Hotel Information

- [Chalet des Aventuriers](#) communicate at the chalet to see availability at (506) 826-9243
- [Days Inn](#) (Dalhousie) 15 minutes from the Chalet des Aventuriers
- Stewart House Bed and Breakfast 15 minutes from the Chalet des Aventuriers
506-684-1801
- [Chalets Nid du Héron](#) (Charlo) 5 minutes from the Chalet des Aventuriers
- [Super 8](#) (Campbellton) 30 minutes from the Chalet des Aventuriers
- [Quality Inn](#) (Campbellton) 30 minutes from the Chalet des Aventuriers
- [Comfort Inn](#) (Campbellton) 30 minutes from the Chalet des Aventuriers