

THE PROVINCIAL TEAM 2025-2026 SEASON CROSS COUNTRY NEW BRUNSWICK





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PHILOSOPHY

- a) Athletes and teams representing New Brunswick in cross country skiing are credible, competitive, mature, and physically and mentally capable.
- b) The high performance program is run on a medium- and long-term basis.
- c) The most deserving athletes are selected to be part of a team and travels.
- d) Athletes receive the required information (complete and accurate) in a timely manner.
- e) The selection criteria correspond to the recommendations of the Long-Term Athlete Development (LTAD) model endorsed by Cross Country New Brunswick (CCNB) and Nordiq Canada (NC).

GENERAL INFORMATION

High Performance Committee (HPC)

The selection of athletes for participation in travels and teams is based on the criteria outlined in this document; recommendations from CCNB coaches may also be considered by the HPC. The CCNB HPC reserves the right to modify the selection criteria in the event of unforeseen circumstances, such as a pandemic, cancellation of an event, or weather conditions.

The CCNB HPC reserves the right to modify or withdraw from travels in the event of a shortage of leadership, coaches, support staff, required athletes, or funding.

Since the selection process for participation in teams and travels depends in part on available funds, the CCNB HPC reserves the right to modify the selection for participation in travel or tour if it becomes apparent that funds are insufficient.

High Performance Selection Committee

The selection is reviewed, finalized, and approved by a selection committee. The **Selection Committee** is a subcommittee of the HPC, a standing committee of the association.

Each voting member must be exempt of any real or perceived conflict of interest with the athletes seeking selection. Voting members must not be related to the athletes seeking selection and must not be one of the coaches of those athletes.

Transportation of athletes in personal vehicles

CCNB strongly recommends that a liability insurance of at least 2,000,000 \$ be purchased if the vehicle is used to transport athletes.



FINANCING OF TRAVELS FOR APPROVED OUTSIDE THE PROVINCE

The HPC may, at its discretion, choose how to disburse budgeted funds.

- a) The HPC may offer a grant to athletes or partially reimburse the support team's expenses. Both options are determined based on the funding available from CCNB.
- b) For each travel in Appendix A, a budget is approved at the AGM.
- c) Wax and wax application are included only if a wax technician or coach is available.
- d) Athletes are responsible for their own expenses. This includes travel, accommodation, food, course registration and other personal expenses.
- e) The grant is only available if the athlete participates in the event. The application, available in Appendix B, must be submitted seven (7) days before the event.

EXPECTATIONS FOR ATHLETES

Unless there are extenuating circumstances such as illness or injury, athletes must do the following:

- 1. Demonstrate progress in order to remain on the team. Progress is measured as follows: race results and commitment.
- 2. Participate in all events for which they have been selected.
- 3. Familiarize themselves with the documents. It is everyone's responsibility, including parents and coaches, to familiarize themselves with the processes that may concern them.
- 4. Hold a Nordiq Canada racing licence and be a member of a club affiliated with CCNB. These are required for an athlete to be eligible to participate in the Eastern Canadian Championships and the Canadian Championships, and this applies to athletes in the U14 and older categories. Younger athletes may also purchase a Nordiq Canada development racing licence. This is particularly recommended for M14 athletes (2012-2013).
- 5. Sign the *code of conduct and obligations of the Provincial team members* form at the beginning of each season. The form can be found on the Cross Country Ski New Brunswick website at <u>under</u> the Provincial Team tab.

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SOCIAL MEDIA

By signing this document, I authorize Cross Country New Brunswick (CCNB) to use my child's name, image, voice, and any photos or videos taken during events, training sessions, or competitions in which he or she participates as a member of the provincial team. These images and content may be posted on CCNB's official platforms (website, Facebook, Instagram, etc.) for promotional, recognition and communication purposes. I understand that these publications will be accessible to the public and that no financial compensation will be paid for their use. This consent remains valid for the duration of the athlete's affiliation with the provincial team unless written revocation is sent to CCNB.

2026-2027 CCNB TEAM SELECTION CRITERIA

The criteria are used to define the requirements and standards, both objective and subjective, that apply to a given selection process, and they describe how they will be applied.

In the event of a pandemic or any other major situation that could affect events, the HPC may reassess the criteria at any time without notice.

Provincial team athletes must attend a minimum number of **NB Cups** as indicated in the table:

If there are two (2) NB Cups held during the season (December to April):	The minimum mandatory attendance is one (1) NB Cup.
If there are three (3) NB Cups held during the season (December to April):	The minimum mandatory attendance is two (2) NB Cups.
If there are four (4) NB Cups held during the season (December to April):	The minimum mandatory attendance is three (3) NB Cups.
If there are five (5) NB Cups held during the season (December to April):	The minimum mandatory attendance is three (3) NB Cups.
If there are six (6) NB Cups held during the season (December to April):	The minimum mandatory attendance is four (4) NB Cups.
If there are seven (7) NB Cups held during the season (December to April):	The minimum mandatory attendance is four (4) NB Cups.
If there are eight (8) or more NB Cups held during the season (December to April):	The minimum mandatory attendance is five (5) NB Cups.

It is important to check the type of races to meet the calculation criteria.



Team with athletes aged 14 to 23

a) Eligibility

- Must be born between 2003 and 2012.
- Must be residents of the province of New Brunswick
- Must attend a minimum number of NB Cups as indicated in the table above.

The schedule for the season can be found under the **Events tab of the CCNB's website**.

NOTE: Athletes attending post-secondary school outside the province must submit the following to the HPC:

- A letter from their coach, if they have one.
- **Submit by December 15** which competitions in which they will be participating in and submit their results within forty-eight (48) hours of the event.
- Register for the race as a skier on the CCNB provincial team.

b) Calculation

- The athletes' race times will be converted into minutes per kilometre, averaged and then compared to the **fastest** athlete of the same sex in the age group, i.e., athletes aged 14 to 23.
- An average will be calculated using the three best percentages: the best classic
 percentage, the best skate percentage and the third-best percentage (classic or skate). If
 the number of events does not allow this criterion to be met, the HPC will reassess the
 criteria.

c) Selection

- Athletes with an average of 85% or higher will be part of the team (14 to 23 age group).
- Athletes with an average between 70% and 84%, inclusive, will be part of the development team (14- to 23-year-old category).



Team 10 to 13 years old

a) Athletes' eligibility

- Must be born between 2013 and 2016.
- Must be a resident of the province of New Brunswick.
- Must attend a minimum number of NB Cups as indicated in the table above.
 The schedule for the season can be found under the <u>Events tab of the CCNB's website</u>.

b) Calculation

- The athletes' race times will be converted into minutes per kilometre, averaged and then compared to the **fastest** athlete of the same sex in the age group, i.e., athletes aged 10 to 13.
- An average will be calculated using the three best percentages: the best classic
 percentage, the best skate percentage and the third-best percentage (classic or skate). If
 the number of events does not allow this criterion to be met, the HPC will reassess the
 criteria.

c) Selection

- Athletes with an average of 85% or higher will be part of Team A (10 to 13 age group).
- Athletes with an average between 70% and 84%, inclusive, will be part of the development team (10- to 13-year-old category).



FORCE MAJEURE AND APPEALS

From time to time, situations beyond the athlete's control arise that prevent them from meeting the standards for a race, such as illness, injury, family problems, equipment failure or transportation issues. In such circumstances, the HPC will decide on the appropriate action to be taken.

The athletes should report any injury as soon as possible to their coach, provincial coach, team manager and the HPC.

In the event of illness or injury, the HPC reserves the right to ask the athlete to provide a doctor's note. It may add or remove an athlete from the selection to participate in the travels.

Appeal Procedure for a Selection Decision

An athlete, or their parent/guardian in the case of a minor athlete, may submit an appeal regarding a selection decision to the provincial team. The appeal must be submitted **in writing** and sent to the **HPC** at mailto:nbxcski@gmail.com within five (5) days of the official announcement of the selections. The appeal document must clearly state the reasons for the challenge, based on the established selection criteria, and include any information or evidence relevant to the review of the case.

The **Appeal Committee** will then review the **HPC's recommendation** to ensure that the selection process was conducted in a **fair and transparent** manner **and in accordance with** the organization's **policies**. **The Appeal Committee's decision will be final and binding.**





Eastern Championships: Gatineau, Quebec

Event dates: February 6-8, 2026

Eligibility ages: Athletes born between 2003 and 2013 (13 to 23 years old).

<u>Goal</u>: To give our skiers the opportunity to participate in a high-level competition in preparation for the national championship.

NorAm Youth Championships, Joliette, Quebec

Event dates: February 21-23, 2026

Eligibility ages: Athletes born between 2012 and 2015.

<u>Goal</u>: To give our young skiers in New Brunswick, aged 10 to 13, the opportunity to participate in a high-level competition in their respective age categories and to represent New Brunswick at the NorAm Youth Championships in Joliette. This trip will also allow team members to bond with each other and encourage them to continue practicing the sport.

Canadian Championships, Mont-Sainte-Anne, Quebec

Event dates: March 9-14, 2026

Eligibility ages: Athletes born between 2003 and 2013.

<u>Purpose</u>: To give our best skiers the opportunity to participate in a high-level competition in their respective age categories and to represent New Brunswick at the Canadian Championships.

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Please note that U14 athletes must register in the U16 category.



APPENDIX B: Grant Application Form – Out-of-Province Competition (Provincial Team Members)

Travel	 □ Eastern Championships, Gatineau, Quebec (February 6-8, 2026) □ NorAm Youth Championships, Joliette, Quebec (February 21-23, 2026) 		
(check one):	☐ Canadian National Championships, Mont-Sainte-Anne, Quebec (March 9-14, 2		
Athlete information:			
Name:			
Club name:			
Address:			
Parents' names:			
Telephone number:			
Parents' email addresses			
☐ I agree to p	pay any expenses incurred during this trip.		
☐ I agree to p	participate in the NB Cup circuit races.		
Athlete's name (block le	etters):		
Athlete's signature:			
Parent's name (block le	etters):		
Parent's signature (if at	hlete is under 18):		
Coach's name (block let	tters):		
Signature of club coach	(if available):		
Date:			

Must be sent to CCNB nbxcski@gmail.com seven (7) days before the event. One form per event.



APPENDIX C: Personal Commitment

I declare that I have read and understood this **New Brunswick Cross Country Provincial Team 2025- 2026** document and agree to comply with it.

Athlete's name (block letters):	
Athlete's signature:	
Date:	
Parent or guardian's name (block letters):	
Parent or guardian's signature:	
Date:	
Name of coach, if applicable (block letters):	
Signature of coach:	
Date:	